



Spiritually Hungry's December Joy Challenge

Welcome to Spiritually Hungry's 31 Day Joy Challenge!

Is it possible for you to live in the Joy of Christ all month long?

Let this Christmas be a season of joy for YOU. Even though other people may not see the joy of this season, you can still bask in the inner joy of Christ and spread it to those you encounter. And that, my friends, is what the Good News is all about.

That's why we CHALLENGE YOU to make December a month of joy!

Thank you for signing up and we wish you a great challenge!

So here's a quick look at "The 31 Day Joy Challenge Guidebook" to give you an idea of what all of this really looks like.

For each day of December, the Challenge Guidebook will provide you with:

- A Daily Christmas Worship Song** - All of them you can easily listen to for free online.
- A Daily Joy Challenge**
- A Daily Prayer**
- A Daily Reminder of the Focus Scripture for December**

We personally designed this guidebook with these daily features to help you center your mind, heart and actions on the Joy of the Season. **In addition, you'll also get:**

Special Christmas Activity: page 15

Designed to do with your loved ones. Simple, easy and a great way to spread inner joy!
Printable included!

Printable Calendar: pages 16-17

The printable calendar has the Focus Scripture for the month, the daily challenges and worship songs for quick access.

Access To Special Christmas Carol Devotions: sent to your email

New For 2017, 25 Devotions based on the song from the first 25 days of the Challenge. We will send you an email everyday with access to the devotion to make your Challenge even better!

Our hope is that these tools will help you grow and live in the joy of the season. We wish you a season full of the joy of Christ living inside and through you! Infuse this world with His light, love and joy.

Merry Christmas! ~ Alexis & Aaron@SpirituallyHungry.com

Day 1

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Joy to the World” by various artists

Challenge: Center your mind around the joy of Christ coming to the world. Start off this month thinking about the joy Christ brought throughout His whole life and the joy He is bringing you now.

Prayer: *Jesus, I want to thank you for coming to this world and fixing the problem that started so long ago in the Garden with Adam and Eve. Your sacrifice is not lost on me. I am so overjoyed that you love me and that you have given me hope in a better life, a life with You. Help me to fix my eyes this month on the joy that You bring to this world. Soak me in this Holy attribute and help me adopt it into my being. Amen.*

Day 2

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Hymn of Joy” by Chris Tomlin

Challenge: Reach out to a friend you haven't spoken to in awhile. Allow joy to bask in you as you try to connect with someone important to you!

Prayer: *God, what a joyous time of year! Thank you for how unbelievably good you are. When I stop to think of your goodness, I am filled with overwhelming joy! You are simply amazing and your love is too much to comprehend. Grow me in Your truth, Your love and Your joy. Amen.*

Day 3

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Come and Worship” by Bebo Norman

Challenge: Do something you love today - something that brings you joy.

Prayer: *God, thank you so much for being who You are. I thank you for being the power, strength and redeemer of this world. You are utter joy, You give me everything I*

need and help to remember that always. I love you so very much, and help this day be filled with your joy. Amen.

Day 4

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Sweet Little Jesus Child/Go Tell it on the Mountain” by B.E. Taylor

Challenge: Spend time today with a child, whether it be your own, someone you know, at church, or just find a place to observe the children playing (should weather permit!). Bask in the utter joy children exude. Keep in mind that Jesus was a child and reflect on what joy Jesus must have been as a child.

Prayer: *Jesus, My God! You came as a babe and You grew up just like the rest of humanity, from infant to child to adolescent to adult. They didn't know who You were most of Your life, but I thank You that I do know! This overjoys me! Thank you for revealing Yourself to me so that my life maybe transformed by Your truth, love and grace. Thank You Lord, Thank You! Amen.*

Day 5

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Mary Did You Know?” by various artists

Challenge: Read the Christmas narrative in Luke 2:1-20 and look for all of the joyous moments that surround the birth of Jesus. Reflect on the joy that Christ brought as a baby.

Prayer: *God, thank you for Mary and her unbelievable faith and courage. To take on what You asked of her was no easy task, but the reward was insurmountable. The joy of carrying the Son of God, and the honor and the love she gave Jesus was astonishing. Lord, help me to have the joy and the faith Mary did, she is an example to us all. Amen.*

Day 6

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Angels we Have Heard on High” by various artists

Challenge: Send a card to someone you know who lost a loved one this year. Understanding that comforting them at the Christmas season will bring you great joy and spread God’s love and kindness.

Prayer: *God, thank you for the ability to bring your comfort, warmth and love to people in this world. When I act in these ways, it ties me to You. I become an agent of Your goodness and kindness to people. Lord, this love is only possible because of You. For You are love. Thank you for giving me opportunities to shine your glorious light to this world. It truly brings me joy! Amen.*

Day 7

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Joy to the World/Our God Saves” by Paul Baloche

Challenge: Reflect on some of your most joyous memories and thank God for those moments.

Prayer: *Lord, you have brought so much joy to my life, more ways than I could ever count or even realize. Thank you for the way you love me and bring such goodness to me. Help me to soak in your presence and your gift of joy this Christmas season. Amen.*

Day 8

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Unto Us” by Matthew West

Challenge: Go to a place in nature that brings you joy. Spend some time there reflecting on the happiness it brings you and thank God for creating that place.

Prayer: *Jesus, seeking you in nature is amazing. How creation echoes Your greatness and goodness is something that recharges me and gives me joy. Lord, help me to seek You always throughout all of creation, I want you to be the source of my joy! Amen.*

Day 9

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Do You Hear What I Hear” by MercyMe

Challenge: Watch your favorite Christmas movie today and reflect why this gives you joy!

Prayer: *God, I love the Christmas season. I love listening to Christmas songs, watching Christmas movies, going to holiday parties. This time of year is so joyous and it's all because You entered this world and we celebrate all that you did! Help me to keep my eyes on You this Christmas season and bask in the joy your brought to this world. Amen.*

Day 10

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Worship Song: “For Unto Us A Child Is Born/Open The Eyes of My Heart” by Paul Baloche

Challenge: Attend a worship service today, preparing your heart to receive the joy from the gift of worshipping God.

Prayer: *God, I ask today that You open my heart to receive Your presence. Allow me to walk in the attitude of worship all day. Help me to see how much joy this can bring me as well as how much joy and light I can spread to all those I come in contact with today. You work in mysterious ways, allow me to be part of those ways. Amen.*

Day 11

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Little Town of Bethlehem (Glory of Christmas)” by Matt Redman

Challenge: Go grab a cup of coffee/tea and a Christmas cookie with a cherished person in your life. Live in the joy that friendship brings.

Prayer: *God, thank you for friends and loved ones. It's so wonderful to share life with people. Lord, I long to know You better and to grow in our relationship. Help me to see how You are with me at all times, help me to realize Your presence and love in my life. Amen.*

Day 12

Philippians 4:4

"Rejoice in the Lord Always. I will say it again, Rejoice!"

Christmas Song: "Emmanuel (Hallowed Manger Ground)" Chris Tomlin

Challenge: Make a donation to a charity/nonprofit that you want to support. Think about how your resources helps bring other people joy.

Prayer: *Lord, thank you that I get to participate in helping others. Giving back is a way that I can spread Your goodness, kindness and love to others in this world. You have given me so much, this is a joy and honor to give back. Amen.*

Day 13

Philippians 4:4

"Rejoice in the Lord Always. I will say it again, Rejoice!"

Christmas Song: "Hark the Herald Angels Sing" by various artists

Challenge: Let someone go ahead of you today while waiting in a line. Selflessness produces joy!

Prayer: *God, You always have my best interest at hand, whether I can understand it or not. Help me to live a life of selfless service. You have given me so much, I really do want to spread what You have down for me through my actions. Help me to see how much joy this will bring to my life, living this way. Amen.*

Day 14

Philippians 4:4

"Rejoice in the Lord Always. I will say it again, Rejoice!"

Christmas Song: “These Christmas Lights” by Matt Redman

Challenge: Drive around tonight and look at houses decorated with Christmas lights. While doing so, reflect on how Christ is the light of the world, and think about the joy people want to share with the world by decorating their houses.

Prayer: *Lord, You are the light of the world. You bring so much brightness to the darkness. Help me to see how much You really do change things in this world. You didn't just die so that I could be with you in Heaven, but you died and rose so that I might walk with You here and now! This is an amazing gift, one I often forget about and don't fully understand. Jesus, You change things, You change me, and I am so very thankful. Help me to live in this joy. Amen.*

Day 15

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Joseph’s Lullaby” by MercyMe

Challenge: Spend some time with a loved one(s) today. Call or video chat if you don't happen to live in close proximity to them

Prayer: *God, thank You for working through people like Joseph. It bring me such joy to think You use average, everyday people to accomplish great mighty things. Help me to remember that I am just as qualified as Joseph to carry your message, even when I feel like I'm not good enough. The honor and joy of spreading your love in this world is a great adventure. Thank You for the way You interact with this world. Amen.*

Day 16

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Noel” by Chris Tomlin ft. Lauren Daigle

Challenge: Post on social media today your top 5 most joyous activities to do with your family/loved ones. You can also invite others to post their top 5.

Prayer: *Father, I praise and thank you today for all the wonderful people in my life. I sincerely pray that you will lead me into a deeper understanding of how to be a better*

partner with each of them in life, and that Your joy will become the overwhelming characteristic of our relationship with one another. Amen.

Day 17

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “O Come All Ye Faithful” by various artists

Challenge: Bake some Christmas cookies (or buy them if you are culinarily challenged) and deliver them to someone who could use a little joy today. For example, bring your cookies to a widow in your church or a single parent in your neighborhood.

Prayer: *Amazing God, I pray that you will show me how to reach out to people this season. Lord, help me to keep those who I might be able to touch in mind, and may I always be willing to be Your servant to others. Amen.*

Day 18

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “What Child Is This” by Chris Tomlin and All Sons and Daughters

Challenge: Make it a point to have a conversation with someone today that you wish you knew better. If you are heading off to church, think about a person there you might want to get to know better. Creating new, deeper relationships brings great joy!

Prayer: *Father, I pray that You will enable and strengthen me to make new connections in the world. I know that Your desire is for Your people to come together and lift one another up. I pray that you will help me understand how to involve myself better with others. Amen.*

Day 19

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Joy” by Dustin Smith

Challenge: Buy (or make!) a gift for someone who wouldn't expect you to get them something and give it to them today. Let the surprise of giving be your joy!

Prayer: *Lord, please help me to understand what it means to rejoice in you always. Show me what it looks like to rejoice even in times of sorrow and loss. Help me to see how your joy is always available and present, and I pray that you will enable me to embody joy in every area of my life at all times. Amen.*

Day 20

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Angels from the Realms of Glory/Emmanuel” by Paul Baloche

Challenge: Tell people you see celebrating the Christmas season (i.e. wearing Christmas clothes, decorating their house, giving gifts, etc.) that you appreciate how they are spreading Christmas joy.

Prayer: *Father, enable me to speak joy into the world with my very own words. Strengthen me to see beyond circumstances and boundaries, and engage with the people I encounter. Enable me to speak truth, love and joy to the people in my life, and use me as you will. Amen.*

Day 21

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Majesty In A Manger” by Greg Sykes

Challenge: Don't pass opportunities to help others today! Maybe it's simply holding a door or carrying groceries to someone's car. Perhaps you will challenge yourself a little more by babysitting your neighbor's kids or bringing a baked dish to someone who could use a little joy today. Be creative in coming up with ways to help, and allow joy to overflow in your heart!

Prayer: *Amazing God, help me to find joy in service to others. I sincerely pray that you'll guide me into a deeper understand of what it means to be the light of the world to those around me. I pray that my heart will be softened for your creation, and I will begin to see the opportunity that always exists around me. Amen.*

Day 22

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “His Name Shall Be” by Matt Redman

Challenge: Listen to your favorite Christmas song and reflect why it brings you joy.

Prayer: *Father, thank you for the amazing gift of music and worship. Thank you for the many different kinds of expression that allow us to connect to you in praise. I pray that I'll find a deeper joy in worship this year, and you'll teach me more about what it means to worship you in my life. Amen.*

Day 23

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “The First Noel” by various artists

Challenge: Make it a point to say Merry Christmas to everyone you see today. It's a way to spread joy wherever you go!

Prayer: *Dear God, your joy can be found in every corner of the world! Open my eyes to see the joy that you give as a gift of grace to all who would receive it. Let me continuously seek out all the joyous surprises you have in store for my life, and let me not take the contentment and happiness you bring for granted. Amen.*

Day 24 (Christmas Eve)

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Eve: “O Holy Night” by various artists

Challenge: Think of the ways Jesus has brought joy to you. Share your discovery with a loved one or friend. Spend some time together talking about the joy of Jesus.

Prayer: *Father, on the night before we celebrate the birth of Jesus, let me be filled with a simple peace and joy. Let me remember the tremendous gift you gave us in your Son, and I simply ask that fuel my joy, both today and tomorrow. Amen.*

Special Christmas Activity: Found on page 15 of this book.

Day 25 (Christmas)

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Born Is The King (It’s Christmas)” by Hillsong

Challenge: Celebrate the greatest joy; God left the heavenly realms, the perfect place and came down into our mess to bring His creation back to Him. He brought us joy and hope. Live in that reality today!

Prayer: *Dear God, thank you so much for the joy of this season. Thank you for so much to celebrate, regardless of circumstances in life. Help me to reflect deeply on the joy of Jesus’ entrance into our world, and may I understand more fully the depths of the relationship you offer me through Him. I pray I find joy in Jesus today, and throughout the upcoming year. Amen.*

Special Christmas Activity: Found on page 15 of this book.

Day 26

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Light of the World” by Lauren Daigle

Challenge: Share on social media the most joyous moments of your Christmas day. Ask others to share theirs.

Prayer: *Lord, I pray for an infectious joy today. The light of the world shines deeply through you and your people. I hope to spread that joy, as light shines into darkness, so enable me and make me willing to do so. Amen.*

Day 27

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Forever Amen (Glory to God)” by Michael Neale

Challenge: Reach out to someone you missed being with this Christmas.

Prayer: *Dear God, there are many people that I miss. Some that have gone on, and some that I am separated from. Lord, help me to find joy in the memories of those you have given me in my life, and I pray that I will continue to make new joyful memories with others. Amen.*

Day 28

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “Join The Angels” by Matthew West

Challenge: Tell someone you think is doing a great job (maybe a teacher, fellow co-worker, your church’s youth minister) how you feel about their work, and let them know that you just wanted to make sure they knew how you felt.

Prayer: *Father, I want to see good in people and lift others up. Help me to be an agent of your joy. I want to be extravagant and generous with joy. Lord, equip me with the attitude and means to spread joy endlessly among those I encounter. Amen.*

Day 29

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “We Three Kings” by Tenth Avenue North ft. Britt Nicole

Challenge: Reflect on the joy of Christmas from this past month. Reflect on your actions, attitude and your thoughts. Have you seen a shift? Are you starting to become

a more joyous person? Was Christmas a little brighter this year focusing on the fruit of joy? If so, talk to God about ways you can foster a more joyful approach to life.

Prayer: *God, whether or not Christmas was “good” for me, I know that your joy and love knows no bounds! Help me to bask in your joy this season and into the new year. I want to live in Your fruit, I want to live in Your love. Help me Lord, I pray. Help me to dive deep into you! Amen.*

Day 30

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “God With Us” by Jeremy Camp

Challenge: Make a list of 10 things that brought you the most joy this year. Ask your loved ones to do the same and discuss everyone’s top 10 together.

Prayer: *Father, I pray that you would help me multiply joy this year. I pray that my joy might become ten times what it was this past year, and I pray that you will enable me to help others become more joyous in the same way. Amen.*

Day 31 (New Year’s Eve)

Philippians 4:4

“Rejoice in the Lord Always. I will say it again, Rejoice!”

Christmas Song: “I Saw Three Ships” by B.E. Taylor

Challenge: List 5 objectives for this coming year that will bring you joy.

Prayer: *God, the joy of this season is overwhelming, as it should be. You came down from the Heavenly throne to bring us You! Thank you for this, and thank you for opening my eyes to the joy You have spread and are spreading. Amen.*

Final Prayer:

Lord, I rejoice in you. I rejoice in you. Thank you for this month of reflecting on your joy. I pray that I am filled with joy throughout the upcoming year, and that you shape and grow me in new ways that enable me to experience Your love and joy deeper. Amen.

And Finally...

There are two printouts below.

1.) Christmas Activity (Printout found on next page, pg. 15)

We designed an easy activity to help your friends and family join in on the quest for joy.

Instructions:

- 1.) Print and cut out the designated sheet and each one put down the name of someone who is there
- 2.) Fold all of the paper and put them into a santa hat (a regular hat will do, but for festive purposes a santa hat is a must!)
- 3.) Have everyone draw one. If they draw their own name they must put it back and redraw.
- 4.) Ask everyone to take 5 minutes and fill out the paper.
- 5.) This step has two options

Option A

One at a time ask everyone to share what they wrote

Option B

Collect the cards and have someone read all of them. This will help with anonymity. However, you could also have everyone guess who wrote each card after it's read. Could be fun...

2.) Daily Calendar (Found on pages 16 & 17)

The Daily Calendar has the Scripture verse and challenge for each specific day. This way you can print it out and have it with you to remind you of what to focus on each day.

Stop and think about the person whose name you drew. Think about what you like about them. What are they good at? What makes them special? Now that you spent some time thinking about them, write down:

_____ brings joy to people by _____.
(Name of Person) (Attribute)

Examples:

Sally brings joy to people by her great laugh.

Tom brings joy to people by the way he takes care of others.



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December

2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
<p><i>Scripture for the Whole Month:</i></p> <p>“Rejoice in the Lord Always I will say it again, Rejoice!”</p> <p><i>Philippians 4:4</i></p>						
<p>Song: Come and Worship by Bebo Norman Challenge: Do something today that brings you joy!</p>	<p>Song: Sweet Little Jesus Child/Go Tell it on the Mountain by B.E. Taylor Challenge: Spend sometime today with a child. Bask in the utter joy children bring!</p>	<p>Song: Mary did you Know? Challenge: Read through Luke 21-20 & look for all of the joyous moments that surround the birth of Jesus. Reflect on the joy that Christ brought as a baby.</p>	<p>Song: Angels We Have Heard on High Challenge: Send a card to someone you know who lost a loved on this year. Connecting with the grieving is way to spread joy and compassion.</p>	<p>Song: Joy to the World/Our God Saves by Paul Baloche Challenge: Reflect on some of your most joyous memories and thank God for them.</p>	<p>Song: “Joy to the World” Challenge: Center your mind around the joy of Christ’s life. Start off this month this month wrapping yourself in the joy of Jesus’ birth.</p>	<p>Song: “Hymn of Joy” by Chris Tomlin Challenge: Reach out to a friend you haven’t spoke to for awhile. Soak in the joy of reconnecting with old friends.</p>
<p>Song: For Unto Us a Child is Born/Open the Eyes of My Heart by Paul Baloche Challenge: Attend a worship service today, prepare your heart to receive the joy from being w God</p>	<p>Song: Little Town of Bethlehem by Matt Redman Challenge: Go grab a cup of coffee with a cherished person in your life. Live in the joy that friendship brings.</p>	<p>Song: Emmanuel (Hallowed Manger Ground) Chris Tomlin Challenge: Make a donation to a charity that you want to support.</p>	<p>Song: Hark the Herald Angels Sing Challenge: Let someone go ahead of your today either at lunch or in the check out line. Being selfless brings joy.</p>	<p>Song: These Christmas Lights by Matt Redman Challenge: Drive around tonight & look at Christmas lights, think how Christ’s light of the world & what joy these lights bring!</p>	<p>Song: Joseph’s Lullaby by MercyMe Challenge: Read Joseph’s story Matt 1:18-25 take note of His sacrifice, Take in the joy that following God leads to great and amazing things!</p>	<p>Song: Noel by Lauren Daigle Challenge: Post on social media your top 5 joyous activities to with loved ones. Invite others to post their top 5</p>
10	11	12	13	14	15	16

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17 Song: O Come all ye Faithful Challenge: Bake some Christmas cookies for a person who could use a little joy today.	18 Song: What Child is this by Chris Tomlin and All Sons and Daughters Challenge: Have a convo w/ someone you want to know better. Creating new relationships brings joy!	19 Song: Joy by Dustin Smith Challenge: Buy a gift for someone who wouldn't expect you to get them something. Give it to them today. Let the surprise of giving be your joy!	20 Song: Angels from the Realms of Glory/Emmanuel Paul Baloche Challenge: Tell people you see celebrating Christmas you love how they are spreading the joy.	21 Song: Majesty in a Manger by Greg Sykes Challenge: Help someone out today. Hold a door, take groceries to someone's car, babysit a child, or bake a dish for someone.	22 Song: His Name Shall Be by Matt Redman Challenge: Listen to your favorite Christmas song and reflect why this brings you joy.	23 Song: The First Noel Challenge: Say Merry Christmas to everyone you see today. It's a way to spread joy wherever you go.
24 Song: O Holy Night Challenge: Think of ways Jesus has brought you joy. Share those with a loved one. Spend some time together talking about the joy of Jesus.	25 Song: Born is the King (It's Christmas) by Hillsong Challenge: Celebrate the greatest Joy, Christ is born today! Live in the reality of Jesus' love and joy!	26 Song: Light of the World by Lauren Daigle Challenge: Share on social media your most joyous moments of Christmas this year. Ask others to share theirs too!	27 Song: Forever Amen (Glory to God) by Michael Neale Challenge: Reach out to someone you missed being with this Christmas	28 Song: Join the Angels by Matthew West Challenge: Tell someone you think is doing a great job, that you appreciate their hard work. Spread the joy of uplifting and celebrating others.	29 Song: We Three Kings by Tenth Avenue North Challenge: Spend some time with a loved one today either in person, on phone or via video chat.	30 Song: God With Us by Jeremy Camp Challenge: Make a list of 10 things that brought the most joy to you this year. Ask your loved ones to do the same and share everyone's top 10.
31 Song: I Saw Three Ships by B.E. Taylor Challenge: List 5 objectives for this coming year that will bring you joy.	<p><i>Scripture For the Whole Month:</i></p> <p>Rejoice in the Lord Always I will say it again, Rejoice!</p> <p>Philippians 4:4</p> 					